INDEPENDANCE DAY CELEBRATION DURING COVID - 19

We are the students of Nimpith Ramkrishna vidyabhavan like every year. We had an arranged a big function to celebrate Independence day. Every student of our school participated at this. In fear of Covid – 19. We Could not go here and there.

We know Covid – 19 is a very dangerous disease. Corona virus disease (Covid – 19) is an infectious disease caused by a newly discovered Corona virus. Cobid – 19 affects different people in different ways.

Most infected people will experience mild to moderate respiratory illness and recover without requiring special treatment. Older People and those with underlying medical of problems like cardiovascular disease, diabetes, chronic respiratory disease and cancer are most likely to develop serious illness.

While the most common symptoms are fever, dry cough, tiredness, the less common symptoms are aches, sore throat, diarrhea, conjunctivitis, headache, lass of taste or smell, a rash on skin or discolouration of fingers or toes. The best way to prevent and slow down transmission is to be well – informed about the disease and how it spreads.

Frequently and thoroughly clan your hands with alcohol – based hand rub or wash them with soft and water. "Avoid touching eyes, nose and mouth". Corona virus spread primarily through droplets of saliva or discharge from the nose when an infected parson speaks, coughs or sneezes. So it's important to wear masks, cover out mouth and nose with bent elbow or tissue when we cough or sneeze.

Maintain at least I meter (3 feet) distance between yourself and others and avoid going to crowded placed stay home and isolate yourself even with minor symptoms until you recover. Under any situation, we should not be panicked.

Undercircumtances of we alert or careful from the disease/Covid – 19 we shall be free from dangerous disease. Whenever we shall be the symptoms of disease without no delay. We should go to the physician and follow his Instructions.

"Stay Home, Stay Safe"

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